

Please join us on Oct. 25 or 26, 6:30-8:00pm



CAN PHYSICAL ACTIVITY PROMOTE EMOTIONAL DEVELOPMENT?



Hear from Dr. Dean
Kriellaars' about his leading
research and strategies on:



Faculty at School of
Medical Rehabilitation
with research in
physical literacy,
exercise, and more.

- the ABC's of physical movement
- how physical literacy can develop self-regulation
- the importance of physical activity for kids (and us all)

OCTOBER 25 @ ST. PATRICK'S CATHOLIC HIGH SCHOOL, SARNIA
OCTOBER 26 @ WINSTON CHURCHILL PUBLIC SCHOOL, CHATHAM

REGISTER AT:

[HTTPS://GOO.GL/FORMS/NYASTXTWJIUBOGBW1](https://goo.gl/forms/NYASTXTWJIUBOGBW1)

THIS EVENT IS SPONSORED THROUGH A MINISTRY OF EDUCATION
PARENT REACHING OUT GRANT